

## Parental Guidance

In order to ensure the successful acceptance into the life of the Martial Arts, for the new student, especially for the young students, it is recommended that parents take an active and participatory role in the students activities with our club.

For this we recommend the following:

- 1.) Encourage your child to arrive for class early, with or wearing the appropriate uniform. (pants and top, belt, and or a club t-shirt, sparring gear and safety gear)
- 2.) Full uniform is required for all tests. Forgetting all or parts of the uniform will result in a re-test date.
- 3.) Student guidebooks are required for all classes and tests. If a book has not been purchased please ensure that you have one before testing. Compromises will only be made in the case of having no new books in stock for purchasing.
- 4.) Please be prompt in picking up your child at the end of his/her class. If arrangements have been made for someone other than the parent to be picking up the student please make sure that this person is introduced to the Head Instructor, as all students waiting for rides after class are required to remain in the Dojang (school) until the ride has shown up.
- 5.) Please keep all uniforms clean. Encourage your child to be responsible for the up-keep of his/her uniform as this helps to reinforce personal discipline. PLEASE do not wash belts! Encourage you child to keep their belt away from situations which will dirty their belt, for example playing in full uniform at home.
- 6.) Parents are encouraged to watch their child train. Please refrain from loud talking and undue comments towards your child while they are training. Students are being taught to focus on the task at hand not on the audience that is present. Please turn cell phones off, if you need to answer please go outside.
- 7.) Remember to constantly encourage your child to do their very best at all times. Refrain from scolding your child for not accomplishing the task they are given. Instead congratulate your child for the attempt and the effort that was made. We encourage our students to do their PERSONAL best, failure is good and is accepted as a learning tool, not as a PERSONAL fault! Children learn more and faster from encouragement than from discouragement !
- 8.) If you are experiencing difficulties with your child or with an aspect of your child's training, PLEASE feel free to talk to the Head Instructor. Martial Arts training is an extremely positive activity that can be beneficial in all aspects of life.

We sincerely care for our students in and out of class !